

*The mission of the Foothills Rails-to-Trails Coalition is to assist Pierce County communities in the creation and maintenance of a connected system of non-motorized trails from Mt. Rainier to Puget Sound.*

President's message

**Gifts insure sustainability**

Every now and then something really good happens. Such was the case last autumn when one of our members instituted a foundation fund in support of the Foothills Rails-to-Trails Coalition to insure its sustainability for years to come. Ardent cyclist and community improvement activist Charles (Bob) Myrick initiated the fund with a gift of \$10,000 to be managed by the Greater Tacoma Community Foundation.

While the Coalition has received other contributions of this magnitude, Bob's gift is special in that it opens the way for other gifts by providing assurances that the benefit of the endowment will outlive our organization, and continue to serve its intended purpose-- supporting trails and fostering non-motorized transportation and recreation opportunities. For example, only a few months ago I was approached by a childless couple on the trail who said they wished to include the Foothills Trail in their estate.

Bob has wisely selected the Greater Tacoma Community Foundation as custodian and administrator of his gift. It is the business of the Foothills Rails-to-Trails Coalition to build trails, and it is the business of the GTCF to administer gifts and endowments for deserving community programs at the behest of the giver, or through competitive grants. In Bob's case, he has arranged that, should the FRTC ever disincorporate, the annual proceeds from his endowment will go to the Bicycle Alliance of Washington, and should it dissolve, then to The Tacoma Wheelmen, and lastly to an organization of similar interest. The Foothills Rails-to-Trails Coalition will receive five percent of the endowment's investment proceeds, or initially about \$500 per year. This will increase as the economy grows and

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**Foothills Trail Coalition loses executive director Morrison**

Charles "Chuck" Morrison resigned as executive director to the Foothills Rails-to-Trails Coalition at a special meeting of the board of directors on January 19. Morrison, who was formerly with Sealand Shipping Company, has served as the organization's director for two years. While he will continue to be a trail advocate, Morrison said that he wishes to pursue new career opportunities.

The Coalition established the position of executive director on a trial basis in January, 2002, after functioning entirely through its volunteer board members since its establishment in 1987. Before undertaking the director position as an independent contractor, Morrison served as a

member of the Coalition's governing board.

According to Coalition president, Ernie Bay, Morrison continues to be a passionate spokesperson for non-motorized causes and community improvement. Morrison was an activist for Seattle's Burke-Gilman Trail while a student at the University of Washington.

Chuck Morrison, through his involvement with the Foothills Trail, has become well known throughout the Carbon River Valley and a very special friend to the Orting community in particular. Although a resident of north Tacoma, Morrison is past president of the Orting Kiwanis Club and has helped with many Orting activities, including having participated in the school district's English language reading mentor program for its immigrant community. Bay said that one of Morrison's most significant community achievements has been Orting's "Bridge For Kids." [See Networking for Trails - Orting

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## **President's message (continued)**

other gifts are added to the fund.

A strong endowment fund is critical to the long-range security and mission of the Foothills-Rails-to-Trails Coalition. It will enable us to have a physical operations base that we now lack and a permanent executive director to more effectively work with jurisdictions to achieve the trail network that we all desire. Persons wishing to contribute to the Foothills Trail Fund may do so in any one of several ways. These include gifts of cash, appreciated stocks, charitable annuities and Charitable Remainder Unitrusts. Gifts of appreciated stock both allow the giver to take a charitable tax benefit

on the full stock value and also avoid paying a capital gain. Charitable gift annuities pay the donor or surviving spouse a fixed lifetime annuity based upon life expectancy, and the Charitable Remainder Unitrust pays you a variable interest on your gift's value. Upon death, the remainder of the gift goes to the Trail Trust Fund.

Persons wishing to contribute to the Greater Tacoma Community Foundation's Foothills Trail Trust can call 253-383-5622, or visit the Foundation's web site at [www.tacomafoundation.org](http://www.tacomafoundation.org).

And to you Bob Myrick, our deepest appreciation.  
—Ernie Bay

Morrison leaves the Foothills Rails-to-Trails Coalition a stronger and better-recognized organization than when he began. We all wish him well in his future endeavors.

Thank you, Chuck.

## **Morrison says 'thank you'**

In May 2001 the board of directors of the Foothills Rails-to-Trails Coalition asked me to explore directions for organizational evolution. My charge was to offer advice and council. Exploration and reporting are two of my favorite skills and the two-year, nine-month experience has been a joy. I have learned more about nonprofit operations, salmon habitat, regional history and many other subjects than I can possibly list here. However, the people I met were the most important, and definitely the most memorable, part of my experience.

By the end of 2003, more citizens, officials and organizations now realize how the trails we are talking about are not somewhere out in the woods. Yes, we're talking about having a car-free place to walk right near where we live.

I also uncovered plenty of alternatives for the group to trans-  
*continued on next page*

## **Executive director (continued)**

Evacuation Bridge page 5.]

Most recently, Morrison successfully lobbied state legislators for planning moneys for the project. The Bridge For Kids will span the Carbon River and provide a quick pedestrian escape for hundreds of school children and others to higher ground in the event of a lahar from Mount Rainier.

Morrison was a dedicated and determined trail proponent during his tenure as executive director. Bay said that Chuck spent practically every waking

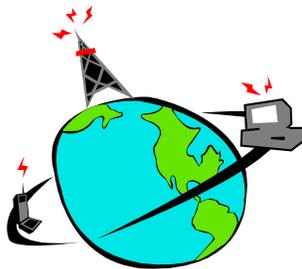
moment on trail interests and outreached to every official and remotely related organization with whom he could reasonably associate. He also participated in nearly every Coalition activity from work parties to Puyallup Fair displays and special events. Above all, he was a forceful and effective champion for a Carbon River greenway that will highlight individual community attributes and extend the trail to the Mount Rainier National Park boundary.

According to Bay, Chuck

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### **How to reach the Foothills Rails-to-Trails Coalition**



**We want to hear from you!**

**Web page:**  
<http://piercescountytrails.org/>  
**Address:**  
P.O. Box 192, Puyallup, WA  
98371-0021  
**Telephone number:**  
253-841-2570  
**E-mail address:**  
[bugtrail@aol.com](mailto:bugtrail@aol.com)

## ***Morrison (continued)***

scend or spin off. Previous to May 2001 the Coalition was entirely run by volunteers and focused on only the Foothills Trail project. In the last few years, other projects have gained exposure and benefited from our experience. I hope that a truly regional trail drive will gain momentum as a result of my involvement.

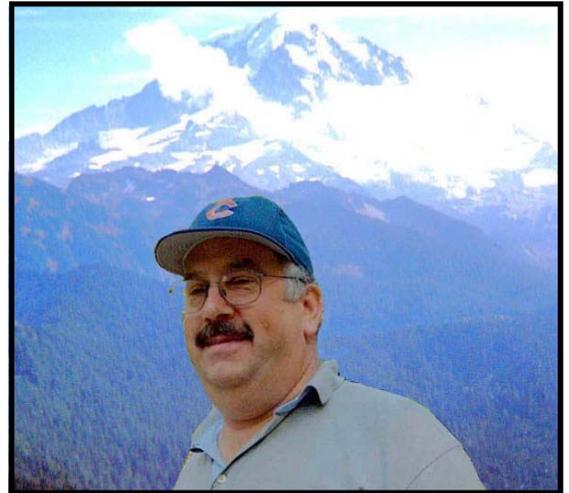
In the coming months the Coalition's board of directors has the opportunity to consider many options, perhaps readjust its mission statement, and move in the direction it chooses. I'm so glad that I had their confidence

and was given the opportunity to look into the numerous opportunities that are out there. I saw many perspectives of the vision that developing non-motorized trails has to offer our region, and frankly it's very exciting.

Thank you again to the board and the membership of the Foothills Rails-to-Trails Coalition.

Happy trails to us all.

—Chuck Morrison



*Former executive director Chuck Morrison.*

## **CALENDAR**

### **Monthly Meetings**

February 26, March 25  
April 22, May 27, June 24  
July 22, August 26  
September 23, October 28  
November 23 (Tues.)  
December 23

Monthly meetings are held on 4th Thursdays (except Nov.) from 7 to 9 p.m. at the Puyallup Public Library, south entrance.

324 South Meridian Street

### **National Trails Day**

June 5

### **Work Parties**

Check the website below or email Don Partington at [don.partington@metrokc.gov](mailto:don.partington@metrokc.gov) for details.

### **Weekly Meetings**

#### **At Charlie's Restaurant**

Every Wednesday at noon at Charlie's Restaurant, 113 East Main, Puyallup. All are welcome.

### **For more information**

**Call 253-841-2570**

Or email [bugtrail@aol.com](mailto:bugtrail@aol.com)  
<http://piercecountrysails.org>

## **Annual meeting election results**

An election of board members was held at the annual membership meeting on January 22, 2004. Paul Jacobson, Art Robinson, Ken Woolery and John Olson were elected to three-year terms. Russ Mathews was elected for a one-year term to complete the three-year term of a former board member. One-third of the board member positions are up for election each year.

Election of officers will be held at the February monthly membership meeting.

### **Did you know that...**

according to the Rails-to-Trails Conservancy, there are 54 rail-trails (474 miles) in the State of Washington. There are 1,109 rail-trails (11,313 miles) in the United States.



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## Mt. Rainier

To truly serve the American public need, if not demand, for the conservation and interpretation of our natural and cultural heritage, to provide for the places that foster a civil society, and to grant ground for all forms of recreational pursuits, we need a true "national network of parks." The National Park Advisory Committee, chartered by Congress to advise the Director and the Secretary on the future of the national park system, called for the NPS to be a leader in this area:

"The Service should serve as a catalyst to encourage collaboration among public and private park and recreation systems at all levels--to build a national network of parks and open spaces across America." The National Park System Advisory Board Report 2001: Rethinking the National Parks for the 21st Century.

"We in the Pacific West cannot claim that we had the idea, but we will be able to show how to make it happen." [And the Foothills Trail Coalition will play an important role! - Editor]

—Jonathan B. Jarvis,  
Regional Director

## Edgewood

An application is being prepared for a Conservation Futures grant to fund the acquisition of trail right-of-way from Military Road down Jovita Blvd. to the West Valley Highway. This vital link will make the connection between the City of Milton's planned Interurban Trail from the 70th Ave. overpass of I-5 in Fife to Military Road, and the existing Interurban Trail which

ends at 3rd Ave SW in Pacific. Letters of support from the public are the most persuasive part of the application. You can help make this trail a reality. Write a letter of support and send it to:

Edgewood City Hall  
2221 Meridian Avenue East,  
Edgewood, WA 98371-1010  
or e-mail Public Works Director,  
Dave Lorenzen at  
dave@ci.edgewood.wa.us.

## Fife

Multi-purpose trails are included in Fife's comprehensive plan (see [http://www.cityoffife.org/files/Docscomp\\_plan/93trails.htm](http://www.cityoffife.org/files/Docscomp_plan/93trails.htm)), but we are unaware of anyone actively promoting trails in Fife. Please let us know if you are, so we can help you in any way we can and report your progress in our newsletter.

—Editor

## Enumclaw

The Enumclaw Trail Project design and planning phase is underway! The city is still hopeful that the first section of the Foothills Trail in King County will be completed this summer or early fall. On January 20, the first meeting of the Enumclaw

Trails Coalition was held at city hall with approximately 30 trail supporters attending. The purpose of the meeting was to solicit support from the Coalition members as the trail project enters the construction phase.

A brush clearing work party was held Saturday, February 14 at the site where the trail crosses Warner Avenue. The Backcountry Bicycle Trails Club (BBTC) lead the trail clearing project. Emphasis of the work party is clearing enough space on the former railroad right of way for the ten-foot asphalt path and the five-foot sections on each side of the trail. For any additional information, or interest in the Enumclaw Trails Coalition call John Keates at 360-802-0236 or email at [johnkeates@ci.enumclaw.wa.us](mailto:johnkeates@ci.enumclaw.wa.us).

## South Prairie

Orting to South Prairie, here we come! On Friday, January 16, Coalition board members Ernie Bay, Bill Harmon and Russ Matthews joined Pierce County Parks Director Jan Wolcott to witness the opening of a dozen bids for our long-awaited trail section between the wetlands bridge near Ski Park  
*continued on next page*

## Foothills Trail Coalition Board

President	Ernie Bay	253-848-7718	<a href="mailto:bugtrail@aol.com">bugtrail@aol.com</a>
Vice President	Ken Woolery	253-863-4774	no e-mail
Treasurer	Art Robinson	253-964-3387	<a href="mailto:ajr4142@worldnet.att.com">ajr4142@worldnet.att.com</a>
Secretary	Bill Harmon	253-475-1537	<a href="mailto:charmon@nventure.com">charmon@nventure.com</a>
Board Members	Tom Enlow	253-851-8023	<a href="mailto:tom@enlow.org">tom@enlow.org</a>
	Marie Bailey Reed	253-847-8647	<a href="mailto:marienot@comcast.net">marienot@comcast.net</a>
	John Downs	360-897-2617	<a href="mailto:johndowns@juno.com">johndowns@juno.com</a>
	Buzz Grant	253-845-4991	<a href="mailto:grantbu@ctt.com">grantbu@ctt.com</a>
	Earl Mikkelson	253-862-4509	<a href="mailto:mikkelse@mindspring.com">mikkelse@mindspring.com</a>
	John Olson	253-756-5065	<a href="mailto:olsonj@cbhp.com">olsonj@cbhp.com</a>
	Russ Matthews	253-939-1611	<a href="mailto:russ-matthews@comcast.net">russ-matthews@comcast.net</a>
	Paul Jacobson	253-848-5585	<a href="mailto:peejay@nwlink.com">peejay@nwlink.com</a>

## Networking (continued)

Farms and South Prairie. The twelve bids ranged between \$1.3 and \$2.2 million with the winning bid going to RCI. The successful bid was within \$15,000 of the county engineer's estimate. Construction is expected to begin about April 1, 2004, and that's no April fool!

The project's completion by end of summer will provide the trail's final link between Orting and South Prairie. Presently the trail extends about three miles east of Orting along the Carbon River. The new section, which will connect with a previously completed segment in South Prairie, features four small bridges which allow the trail to cross drainage ways leading to South Prairie Creek. It borders the creek in places and includes a four-acre wetland replacement site.

## Orting Evacuation Bridge

We are hoping to begin phase two of the Orting evacuation bridge project by obtaining right-of-way funding. This would build upon last year's success when \$250,000 was secured to conduct a feasibility study for the bridge. The Bridge for Kids project would also be a natural tie-in to the rails-to-trails project which joins the upper plateau through South Cascadia, Bonney Lake and Lake Tapps.

—Chuck Morrison

## Milton

Negotiations between the City of Milton and Puget Sound Energy for the acquisition of the King County portion of the Interurban Trail are expected to be completed this spring. The Pierce County portion of the right-of-way is already owned by the city. Thanks to numerous supporters who emailed and visited the state Interagency Committee for Outdoor Recreation (IAC), the design and development portion of the grant was extended beyond the December deadline. The IAC is giving us at least a few more months to complete this acquisition before canceling their grant.

—Milton Loflin

## Puyallup

A request for bids will be advertised this summer for the McMillin to Meeker section of the Foothills Trail, which extends north from the McMillin trailhead toward Sumner more than four miles. This section will be constructed along side an active railroad line which provides rail service to companies in the area.

## Wilkeson Bridge update

In our December newsletter we acknowledged those volunteers that were instrumental in rebuilding the Wilkeson Bridge. One key member that we failed to acknowledge was Bill

Harmon. Bill took the county design plans and drew working drawings that greatly simplified the task. Using Bill's drawings saved many hours of work and frustration. It is great to have such a valuable talent in our Coalition.

## Walk, walk, walk

A study of thousands of Harvard alumni suggested that a long-term regimen of walking can significantly prolong life. Other research has shown that walking at speeds of three and a half to four and a half miles an hour—that's brisk walking, not strolling—produces cardiovascular benefits.

Slower walking can be advantageous to older people, cardiac patients or people recuperating from an illness. Walking at speeds of five miles an hour can burn as many calories as moderate jogging, but even slow walking can burn 60 to 80 calories per mile.

## Helmets save lives

Head injuries account for 85 percent of the nation's 1,000 annual cycling deaths, 34 percent of which claim the lives of children aged 5 to 14. If everyone wore a helmet, many of the deaths would be prevented. Get a helmet approved by the American National Standards Institute (ANSI).

(from "Wellness Made Easy," University of California, Berkeley, Wellness Letter)

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## County hires right-of-way negotiator

Only 20 parcels to go! In the wake of losing its long-time trail right-of-way negotiator, Claudia Peters, to cancer this past fall, Pierce County Parks has contracted with right-of-way firm, Par-Nine Group, Inc. Located in Tacoma, the firm's owner, Don Hagan, expects to devote full time to completing trail property acquisition, and projects that the job will take between a year and 15 months. Only 20 properties remain to be acquired out of more than 300 original parcels.

Hagan is a certified right-of-way agent and is retired from a career with Pierce County Public Works. Coalition trailblazers are eager for the county to have complete trail ownership so they can forge ahead without fear of trespass.

## Trees for the Trail replaced

We are delighted to report that the flowering trees featured in our last newsletter as having been destroyed during a road construction project are being replaced. In fact, by the time you read this, the new trees should be in the ground. Orting City Manager Jim Mercer reported to us on January 28 that the developer, Taiji Miyamoto of Capstone Homes, had purchased 52 trees and was arranging to plant them the first week in February. Once the trees are planted, donor tags from the original specimens that were part of our "Trees For The Trail" program will be reaffixed.

—Ernie Bay

## Book features rail-trails

Rails-to-Trails Conservancy (RTC) is featured in a new book that will supplement classroom materials on community beautification for third graders. To be published by Newbridge Educational Publishing under the working title, "Making Communities Shine," the 24-page, full-color book will be available in classrooms across the country for the 2004-2005 school year.

With the book as a resource, teachers and parents will be able to use rail-trails as avenues to educate children on community service, beautification and responsibility.

For more information visit [www.newbridgeonline.com](http://www.newbridgeonline.com).  
[Reprinted from RTC *Rails-to-Trails* magazine, Spring issue.]

## Free advertising offered to area merchants

### Free Advertising?!

Dear Merchant,

We would like to offer you free advertising in the *Trail Line News* at no cost to you or your customers. This is a "win-win" offer which will benefit both your business and the Foothills Trail.

The Foothills Rails-to-Trails Coalition supports the development of a non-motorized trail that will run from Commencement Bay to Mt. Rainier National Park, following the abandoned rail bed of the Northern Pacific Railroad. The completed portion of the trail already attracts and involves residents from throughout the Puget Sound region.

Established in 1986, the mission of our 501c3 Coalition is "To assist Pierce County communities in the creation and maintenance of a connected system of non-motorized trails from Mt. Rainier to Puget Sound." Our goal is to link communities with a linear park along the Puyallup and Carbon Rivers from Tacoma to Mt. Rainier. Our volunteers clear brush, plant vegetation and even build bridges. The trail and improvements belong to the citizens of Pierce County and are publicly held and maintained in perpetuity by the county for the benefit of us all.

The Foothills Rails-to-Trails Coalition is asking for your support with our current fund-raiser. We would like to place self-addressed, prepaid envelopes in your business requesting patrons support our cause by recycling their used ink-jet cartridges. For each recycled cartridge, the recycler has agreed to make a donation to the Coalition on your behalf. To thank you for your cooperation, you will get a free ad in our quarterly newsletter.

For fliers and envelopes please call our message line at 253-841-2570. Best of luck in your business.



**Walk for the Benefits  
Saturday May 15  
on the Foothills Trail in Orting**

Pierce County Parks and Recreation along with Good Samaritan Hospital and the Foothills Rails-to-Trails Coalition will co-host the first annual Walk for the Benefits along the Foothills Trail to promote healthy lifestyles and have a fun family outing. The walk begins and ends at the Orting Park along Hwy 162. Walkers may set their own goals from one to 14 miles.

Check-in and registration begins at 8:30 a.m. Walkers may start anytime between 8:30 and 11:30 a.m. Because of safety concerns please no bicycles, scooters, skates or skateboards.

**Walk honoree**

Each year the organizing committee dedicates the walk to an individual or family. The 2004 walk is dedicated to the memory of Claudia Peters who lost her fight with cancer in August 2003. [See our last issue.] Claudia was the trails coordinator and right-

of-way agent for Pierce County Parks and instrumental in the development of the trail.

**Registration**

Pre-registration is for those who register by May 3. The cost is \$4 per person or \$12 per family of four. Children three years and under are free.

After May 3 the cost is \$6 per person or \$18 per family of four. Again, children three and under are free. Registration includes a bracelet ticket, refreshments at the rest area/ start location and, for those who pre-register, an opportunity to purchase a t-shirt. Pre-registration envelopes must be post-marked by May 3 and mailed to:

Pierce County Parks  
and Registration  
Walk for the Benefits  
9112 Lakewood Dr. SW #121  
Lakewood, WA. 98499



Group rates are available for groups of 20 or more at \$2 per person. Groups must pre-register. If you would like to join the Rails-to-Trails Coalition group please contact John Downs at 360-897-2617 or one of the board members listed in the newsletter.

The Orting Lions Club will offer a lunch for a fee. Proceeds will benefit their activities. Walkers should bring their own water for use along the trail. Parking is limited at the park so please park at the high school located along Hwy 162.

Volunteers are always needed. If you can assist with the event, please contact Cara Cross, event coordinator at 253-798-4739 or John Downs at 360-897-2617.

Proceeds from the event will be shared with Pierce County Parks, Good Samaritan Hospital and the Foothills Rails-to-Trails Coalition.

Hope to see you on the 15th!



***Winter on the Puyallup Riverwalk Trail.***

## Memberships and donations received

### \$18 - 25

James & Johanna Backus, Gully Collier, Margaret Engle, Gus & Karen Fant, Lloyd & Carolyn Freudenstein, Arthur & Claudia Graham, John Gundersen, Fred & Dorothea Hart, Ben Heeb, Molly Holmes, Paul Holmes, Ron Huhn, James Craig Isom, Michael J. Jarvis, Bob & Liz Lathrop, Joesephine Lepley, Ron McFarland, Beth and David Meshke, Columbus & Joyce Moorehead, Betty Bruce & Keith Schwyhart, Teigen Trust, Linda Walkama, Bill Weber, Linda Welander, Sylvia Russell & Brian Wester, David Wetzel.

### \$26 - 99

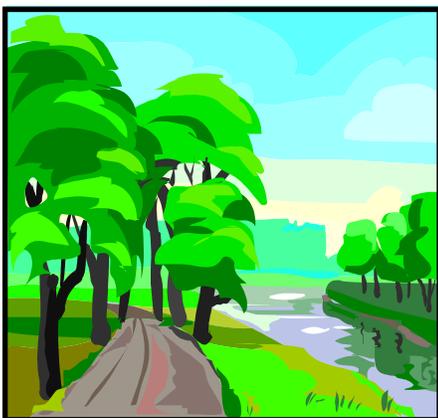
Dale Blum, Howard & Vernita Christianson, Betty & Roger Cox, John Denzler, Jim & Pat Harnish, Ray Irion, Ann Lovett, Phyllis Mansfield, Joe Sobinovskiy Family, Margaret Stephans, Bob Warfield.

### \$100 - 499

Misty & Kevin Bulley, Betty Ogden & Harold Gray, Mary & Jim Kenney, Russell & Mary Ellen Mathews, John & Joyce Miller, Diane & Richard Parco, Gwen & Philip Phibbs, Sue Ryder, John Sacklin, Howard & Julie Wiley.

### Grants

\$3,500 Tremain Foundation.



## Letter received

Foothills Board Members:

As someone who has cared about the Foothills Trail dream for many years, I want to let you know that I support the decision that Chuck Morrison made about leaving his position. His level of frustration with the lack of progress on trail building in the last couple of years is totally understandable.

The Zoo-Trek-Parks money that was designated for the trail should have assured that trail-building would come



about more quickly. Why should there be a roadblock? I support all the projects that were approved for that funding and am eager to see the quality of life improve for all of Pierce County. I strongly believe that those projects will do that. The Foothills

Trail should have been completed long ago. Other projects on the list are important, but have not been in the works nearly as long.

What will we tell the public when they ask us at the Fair booth, "What's taking so long?"

—Diane Kerlin

## Looking back. . .

**November 1989 "Trail Line News:"** Positive messages about the Foothills Trail project will greet Pierce County residents at the breakfast table early next year as they leaf through the Tacoma *Morning News Tribune*. Appearing over a period of 4-5 weeks in January and February will be five dominant-size newspaper ads designed to expand public awareness and understanding of the project.

The ad campaign is made possible by a \$10,000 foundation grant. At the suggestion of foundation representatives, the Coalition board sought advice from a public relations consultant regarding the most effective use of the grant money in the intensified public education campaign described in the proposal. A communications committee consisting of Bea Frederickson, Stan Engle and Mary Kenney, assisted by Ernie Bay and Mike Dobb, held several meetings with Raymond Ray of Ray Communications. Formerly vice-president of Jacobson Ray McLaughlin & Phillips, Ray has over 25 years' experience in advertising and public relations in the Puget Sound area and has won a number of awards for his work.

The outcome of discussion and study was Ray's preparation of a written document proposing the ad series, presenting a breakdown of costs and explaining why Ray believed that with the funds available, newspaper advertising would be our most effective means of public education at this stage of the trail project. Ray also offered a number of suggestions regarding other aspects of the Coalition's future public relations efforts. . .

According to standard practice, Ray will not be paid by the Coalition, but will receive a percentage of the Tribune's charges for the ads. In effect, the cost to the Coalition will be the same as if we ran the ads without having them designed by a professional.

The goal of the ad campaign is not only to increase awareness of the trail project among Pierce County residents, but also to clear up misconceptions about the project and allay concerns that may have arisen from misunderstanding or misinformation.

## Lewis and Clark walked here

Did you know that 200 years after Lewis and Clark set out on their famous expedition, stretches of rail corridor along their route have been returned to trail use? Now you can set out with your own Corps of Discovery along those rail trails: Confluence Trail, Katy Trail, Wabash Trace Nature Trail, Niobrara Trail, Roughrider Trail, River's Edge Trail and Astoria Riverwalk.

For more information on these and other trails, visit RTC's online trail finder at [www.traillink.com](http://www.traillink.com).

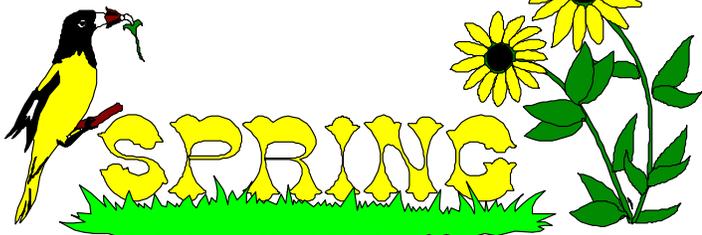
## TEA-21 expiring

Every six years Congress re-authorizes spending for the nation's transportation bill, which includes money critical for non-motorized trails. The bill, currently set to expire on February 29, is in its third iteration since Congress established the Inter Surface Transportation Act (ISTEA) in 1991 and the Transportation Equity Act for the 21st Century (TEA-21) in 1997.

To find out more and to support legislation to re-authorize TEA-21 for non-motorized trails, visit [www.americabikes.org/](http://www.americabikes.org/).

## Trivia

The longest sermon on record was delivered by Clinton Lacy of West Richland, Washington, in February 1955. It lasted 48 hours and 18 minutes.



## National Trails Day June 5

### Second annual relay in the works

Last summer on National Trails Day, John Selby organized a private, 50-mile relay from the Carbon River entrance of Mt. Rainier to Dickman Mill Park on Ruston Way. Six pairs of runners and a group of 14 walkers took turns doing two legs of approximately four miles each.

The purpose of the event was to raise public awareness of the Foothills Trail. Selby was interviewed on Tacoma's Channel 13 TV. The finish line event was coordinated with Tacoma Metro Parks' celebration of the opening of the park at the old Dickman Mill, whose logs once came down the same railroad corridor. Runners and walkers arrived cheering together at 2 p.m. on one of the hottest days of the year after a seven-hour trip from the mountain.

This year National Trails Day is on June 5, and Selby would like to open the relay to the public. On behalf of the FTC, he is negotiating with Cindy Dennis, race director, United Events Management, for a contract to organize the event, the marketing for which could potentially be seen by a million people. Sponsoring donors will get free advertising and have the right to operate a booth at the finish. [Whether he is successful in bringing this event public will not

be known until after the publication of this newsletter.]

Selby, a runner for 30 years, says, "I believe this relay would be a terrific event to raise both funds and public awareness for the Foothills Trail. There are very few running-only relays in the Pacific Northwest. I am convinced that this relay, because of its simplicity (one car per four-member team, two five-mile legs per runner), its historic and beautiful route and its great cause will grow to attract a large following."

To get involved as a runner, sponsor or volunteer, call John Selby at 253-841-1767 or email him at [JohnandDottieSelby@att.net](mailto:JohnandDottieSelby@att.net).

## More trivia

None of the people on board the Mayflower, when it sailed for the New World in 1620, had a middle name.

The Baltimore and Ohio Railroad once used a horse-drawn locomotive.

Ulysses S. Grant was the only president of the United States to ever be arrested during his term of office. He was arrested for exceeding the speed limit while driving a team of spirited horses through the streets of Washington.

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**New Members Always Welcome**

If you appreciate the work that we are doing and wish to see more trails, please consider joining us. Foothills Trail memberships start at \$18 single and \$25 family. Credit cards accepted.



- \$18 Single
- \$25 Couple
- \$50 Trail Builder
- \$100 Hero
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**Trees for the Trail / Orting Trail Kiosk Engraved Bricks**

\_\_\_\_\_ Number of tree(s)

\_\_\_\_\_ Number of brick(s)

@ \$50 per tree or brick = \$ \_\_\_\_\_

Name(s) to appear on Tree Tag or Brick \_\_\_\_\_

\_\_\_\_\_

Charge my  VISA or  Mastercard

No: \_\_\_\_\_ Exp: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Signature: \_\_\_\_\_

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Foothills Rails-to-Trails Coalition

P.O. Box 192, Puyallup, WA 98371-0021

"Every new mile of rail-trail makes our community and environment a bit healthier. Each new mile of open rail-trail provides an opportunity to enjoy the outdoors, get a little exercise or spend time with family and friends. Trails provide options for commuting or just a way to escape for a minute to catch our breath."

—Keith Laughlin, President, Rails-To-Trails Conservancy

"It is a known scientific fact that the occasional contemplation of natural scenes is favorable to the health and vigor of men (and women) and especially to the health and vigor of their intellect. It not only gives them pleasure, but increases the subsequent capacity for happiness and the means of securing happiness."

—Frederick Law Olmsted, father of landscape architecture

"Each one of us can work for a small change to the world around us." —Lamar S. Smith

"Some men still have their first dollar. The man who is really rich still has his first friend."

—Anon.

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